

Good morning, Gateway! Welcome to the Gateway Broadcast News (GBN). Today is Friday, September 20, 2024.

\_\_\_\_\_ Hey, everyone! It's important to know that it's okay to reach out if you're feeling sad, stressed, or overwhelmed. Talking to someone can really help. Whether it's a teacher, a friend, or a school counselor, there are people who care about you and want to listen. Remember, it's strong to ask for help when you need it. Together, we can make sure everyone feels supported because your feelings matter. 988 is a special hotline where trained people are ready to listen and help. You can call or text anytime, and it's free and confidential. Remember, it's okay to ask for help when you need it, and there's always someone who cares.

\_\_\_\_\_ Good morning, everyone! 🎶 Today, we're diving into the world of salsa and bachata to celebrate Hispanic Heritage Month!! Salsa, with its fast-paced beats, and bachata, known for its smooth rhythm, are two of the most popular dance styles from Hispanic cultures. 🇨🇺 🇩🇲 Salsa started in Cuba, and bachata comes from the Dominican Republic. Want to try it out?

\_\_\_\_\_ As a member of our school community, you're committing to making it a safe place for everyone. This means standing against any form of bullying or discrimination, including when it's about race, gender identity, or other differences. We all have the power to make a difference!

\_\_\_\_\_ Attention 7th and 8th grade students: If you can read, speak, write, listen, and understand another language, sign up by October 25th to take the World Language Assessment to earn High School language credits. The forms are available in the kiosk near the Counseling Office. This is the only testing opportunity this year. Please bring your completed form along with \$10 cash or check payment to Mrs. Trachte in the Main Office by October 25.

\_\_\_\_\_ Yearbooks are on sale now through September 24. You can purchase them online or bring \$30 cash or check to the Office. Reserve your yearbook today!

\_\_\_\_\_ Do you want to learn how to knit and crochet? Are you interested in creating handmade items for people in need? Join us at Fiber Arts Club! We will meet on Mondays from 3-4pm in Mrs. Almquist's room (B-122). All experience levels are welcome!

\_\_\_\_\_ Attention athletes: Monday is Sports photo day; remember to bring your jersey and completed photo packet. Next Friday, September 27, is the first athletic grade check, so take time to check your grades and catch up on any missed assignments this weekend.

Remember, Students, to be kind and respectful – it's the GATEWay!

